Hello and Welcome!

In order to assure the long term health and well-being of our Student-Athletes, UO Athletic Medicine Staff emphasize the importance of injury prevention, as well as the need for optimal management of athletically related injuries. Athletic Medicine Staff provide medical services for injuries including evaluation, diagnosis, management, and rehabilitation.

As part of your preparation for joining the UO Athletics Program, read and complete the following instructions. Incoming Student-Athletes will receive a physical when they arrive for pre-season team check-in. The following information is required to be on file with Athletic Medicine Staff before Student-Athletes are eligible to practice, acquire equipment, receive treatment, compete, or be covered by the Athletic Department's accident insurance policy.

**New Student-Athlete Medical Health History**

If your medical history includes treatment for the following, also complete and return the attached medical records release to have your records forwarded to UO Athletic Medicine. Records can be faxed to 855-850-1265 or mailed to UO Athletic Medicine 2727 Leo Harris Pkwy. Eugene, OR 97401.

- Orthopedic injuries, surgeries or MRIs
  - Operative reports
  - Imaging reports and films (preferred on CD)
- ADD/ADHD testing and treatment
- Cardiology testing (EKG, echocardiogram, chart notes, etc.)
- Sickle Cell Anemia test results (positive or negative)

*Note: we do not require copies of your entire medical record; complete the records request only if it applies to the above list. Please upload your immunization records through the MyUOHealth Patient Portal.*

Student-Athletes and parents please complete and sign the Medical History Form.

**Athletic Medicine Disclosure**

Review and sign the Non-Athletic Injury and Illness Policy Statement. This statement tells you what is expected of you if you are injured or ill, how to communicate with Athletic Medicine Staff and bill payment.

The Athletic Department is the secondary payer of medical costs associated with athletic injuries and illnesses (i.e. UO will be responsible for medical costs not covered by the Student-Athletes’ primary insurance). *The secondary coverage only applies to injuries or illnesses arising directly from sport participation.* Consultation with Athletic Medicine staff prior to seeking treatment is essential. The Athletic Department is not responsible for pre-existing injuries sustained prior to the Student-Athlete being cleared for participation. Any medical bills for such injuries will be the responsibility of the Student-Athlete and/or parent.

**UO Sponsored Insurance Options**

Parents and Student-Athletes are strongly encouraged to check their health insurance plan to make sure it will provide meaningful coverage in Oregon. UO recommends that all students have health insurance to help cover unexpected medical expenses that may arise.

UO offers a comprehensive, platinum-rated health insurance plan to eligible UO students. The plan offers excellent benefits on campus, within the Eugene area, or wherever you’re traveling to (including abroad).

*Domestic Student Insurance Plan*

*International Student Insurance Plan* - All international students MUST carry insurance, please see insurance requirements for the University of Oregon (these are different than VISA requirements).
Insurance Questionnaire & Consent
This form provides the Athletic Medicine Department with your medical, prescription, dental and vision insurance information. It also collects Student-Athlete and emergency contact information.

Review and sign the consents. These allow the Athletic Treatment Center to bill your insurance and accept payment for athletically related injuries. It also includes consents for assumption of risk, treatment, sharing of information within the department (Team Physician, Sports Nutritionist, Sports Psychologist, and Athletic Trainers).

Submit a copy of the your current insurance card(s)
Scan or take a picture of both sides of all of your insurance cards and submit electronically to kward@uoregon.edu. Please make sure the copy/picture is clear and readable. It is the Student-Athlete’s responsibility to update the Insurance Coordinator with insurance changes as they occur.

Parents, consider contacting your primary insurance company to see if they offer an out-of-area student benefit.
If offered by your insurance company, this can expand your benefits to include nationwide coverage. Should your Student-Athlete become injured or ill, and it is not athletically related, expanding your coverage area will allow them to receive quality care locally and nationally, with less out-of-pocket expense to you.

Most HMOs, Kaiser, and out-of-area Medicaid plans (including out-of-county Oregon Health Plans) may NOT have non-emergent, or out-of-state benefits.
Please check with your insurance company before assuming you have coverage in the Eugene area. If you have questions, please contact me at kward@uoregon.edu or 541-346-2257.

Claiming Your Duck ID
Your Duck ID is your UO email address and allows you to login to various networks on campus, including the MyUOHealth patient portal. Please be sure to complete this before you arrive, it could hold up your clearance during your physical. If you have questions or need assistance with this, contact the UO Technology Services Desk at 541-346-4357.
1. In order to claim your Duck ID, you will need to locate your UO ID number (9 digit number that starts with 95), which is on your admissions paperwork. If you are unable to locate it, call the Office of the Registrar at 541-346-2935.
3. Claim your Duck ID: https://duckid.uoregon.edu/.

Update Your Information on MyUOHealth Patient Portal
The MyUOHealth Patient Portal is your one stop for managing your on-campus healthcare needs and forms. From this portal you can securely manage your immunization data, enroll in the UO Student Health Insurance Plan, register your health insurance, and much more. You will need your Duck ID information to login.

Please be sure to complete the following steps:
1. Complete and return the forms attached to this email, along with a clear copy or picture of the front and back of your insurance card(s), to kward@uoregon.edu.
2. Enter your insurance information, immunization records and electronically sign required forms in MyUOHealth.

If you have any questions contact Kari Ward, Insurance Coordinator, at kward@uoregon.edu or 541-346-2257.

Complete this process prior to your arrival for team check-in at the Athletic Medicine Treatment Center. Failure to do so may delay your clearance and therefore your ability to participate in team activities.