

Books

Anti-Racist Starter Kit

- People's History of the United States by Howard Zinn
- White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo
- So You Want to Talk About Race by Ijeoma Oluo
- Stamped From the Beginning by Ibram X. Kendi
- So You Want to Talk About Race by Ijeoma Oluo

Anti-Racist Intermediate Kid

- How To Be An Antiracist by Dr. Ibram X. Kendi
- The New Jim Crow by Michelle Alexander
- The Burning House: Jim Crow and the Making of Modern America by Anders Walker
- A Different Mirror: A History of Multicultural America by Ronald Takaki
- The Condemnation of Blackness by Khalil Gibran Muhammad
- Dying of Whiteness by Jonathan Metzl
- White Rage by Carol Anderson
- Raising Our Hands by Jenna Arnold

Black Centered Fiction

- Their Eyes Were Watching God by Zora Neale Hurston
- Passing by Nella Larsen
- The Hate U Give by Angie Thomas
- Beloved by Toni Morrison
- Homecoming by Yaa Gyasi

Bias Based Books

- The Person You Mean to Be: How Good People Fight Bias by Dolly Chugh
- Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Jennifer Eberhardt

Black Feminism Books

- Eloquent Rage: A Black Feminist Discovers Her Superpower by Dr. Brittney Cooper
- Assata: An Autobiography by Assata Shakur
- Black Feminist Thought by Patricia Hill Collins
- This Bridge Called my Back by Radical Feminists of Color
- Real American: A Memoir by Julie Lythcott-Haims
- A Taste of Power by Elaine Brown
- The Memo by Minda Harts
- Sister Outsider by Audre Lorde
- Redefining Realness by Janet Mock

Police, Education, and Mass Incarceration Books

- Why Are All the Black Kids Sitting Together in the Cafeteria? by Beverly Daniel Tatum
- Who do you serve? Who do you protect? Edited by Joe Macaré, Maya Schenwar, and Alana Yu-lan Price (Free ebook)
- The End of Policing by Alex S. Vitale (Free ebook)
- Momma, Have you heard the news? By Sanya Whittaker Gragg
- Lies My Teacher Told Me by James W. Loewen

Documentaries/Docuseries

- 13th, Netflix
- When They See Us, Netflix
- American Son, Netflix
- Time: The Kalief Browder Story, Netflix
- Let it Fall: Los Angeles 1982-1992, Netflix
- The Central Park 5, PBS
- 16 Shots, Showtime
- Rest In Power: The Trayvon Martin Story, Paramount
- Stay Woke: The Black Lives Matter Movement, BET
- Baltimore Rising, HBO
- Say Her Name: The Life and Death of Sandra Bland, HBO
- America to Me, Starz
- The Color of Fear, StirFry Seminars
- If These Halls Could Talk, StirFry Seminars
- Last Chance for Eden, StirFry Seminars
- Luce, Hulu

Podcasts

Understanding Race in America

- 1619 (New York Times)
- About Race
- Code Switch (NPR)
- Intersectionality Matters!
- Momentum: A Race Forward Podcast
- Pod For The Cause (from The Leadership Conference on Civil & Human Rights)
- Pod Save the People (Crooked Media)
- What Matters from Black Lives Matter
- Hear To Slay, with Roxane Gay and Tressie McMillan Cottom
- Conversations for Equal Pay (by Julene Allen)
- Rising Stories Rachel Cargle talks with Corine Sandifer about White Feminism & Womanhood
- It's Been A Minute (NPR)
- The Nod (Gimlet)
- What A Day (Crooked Media)
- Jemele Hill Is Unbothered (Spotify)
- [A Glass Box: Black SA Round Table](#) by Julia Eshet

Videos

Experiences with Racism and Being Black in America

- [The Origin of Race in USA](#), 10 minutes
- [Systemic Racism Explained](#), 4 mins
- [Groundhog Day For A Black Man](#), 4 minutes
- [The Danger of Whitewashing Black History](#), 18 minutes
- [Home for the Black and Educated](#), 14 minutes

Helping Allies Gain Perspective

- ["Understanding My Privilege."](#) A Tedx Talk By Susan E. Borrego, 13 minutes
- [It's time to unpack white fragility Interview](#) with Dr. Robin DiAngelo, 6 minutes
- ["How Studying Privilege Systems Can Strengthen Compassion"](#) by Peggy McIntosh, 18 minutes
- [Brene Brown on Empathy](#), 2 minutes
- [Public Address On Revolution: Revolution Now](#) by Rachel Cargle, 17 minutes
- [Get comfortable with being uncomfortable](#) by Luvvie Ajayi, 10 minutes
- [Uncomfortable Conversations with a Black Man](#) by Emmanuel Acho, 10 minutes

Black Female

- [Black Feminism & the Movement for Black Lives Barbara Smith](#), Reina Gossett, Charlene Carruthers, 50 minutes
- [The urgency of intersectionality](#) by Kimberle Crenshaw, 18 minutes

Explanation of Atlantic Slave Trade

- [The Atlantic slave trade: What too few textbooks told you](#) by Anthony Hazard, 5 minutes
- [Atlantic Slave Trade: Fallacy of Blacks selling Blacks](#), 18 minutes

Other

- [Return on Inclusion Community Webinar](#), 1 hour 4 minutes
- [Let's Talk About Bias](#), 2 hour 23 minutes (8 different seminars broken out on all different types of biases)

Articles

Allyship and Anti-Racism

- [75 Things White People Can Do for Racial Justice](#) by Corinne Shutack
- [20+ Allyship Actions for Asians to Show Up for the Black Community Right Now](#) by Michelle Kim
- [Anti-Racist Checklist for Whites](#) by Robin DiAngelo (adapted from Dr. John Raible)
- [Black people need strong allies, here's how you can be one](#) by Stephanie Long
- [How to Check-in as an Ally](#) by Premier Sport Psychology
- [Anti-Racism 30-Day Justice Program](#) by Shaan Mercant

Education on Key Terms

- [White Privilege: Unpacking the Invisible Knapsack](#) by Peggy McIntosh
- [Racial microaggression in everyday life](#) by D. W. Sue, C.M. Capodilupo, G.C. Torino, J.M. Bucceri, A.M.B. Holder, K. L. Nadal, M. Esquilin
- [I Shudder. Do You?](#) by Julie Lythcott-Haims
- Ten Ways to be Anti-Racist by Kwame Agyemang
- [Privileged](#) by Kyle Korver
- [White Academia: Do Better](#) by Jasmine Roberts
- [Millions of Amy Coopers](#), by Adrienne Green

Articles to Support Black Colleagues

- [Dear White People, your black colleagues are not ok](#), by Danielle Cadet
- [Maintaining Professionalism In The Age of Black Death Is....A Lot](#) by Shenequa Golding
- [White Supremacy Culture](#), by Kenneth Jones and Tema Okun
- [5 Things Allies Can Do to Sponsor Coworkers from Underrepresented Groups](#), Better Allies
- [How to Fight Racism in the Workplace](#), Glassdoor Team
- [Engaging in Conversations About Gender, Race, and Ethnicity in the Workplace](#), Catalyst
- [Women of Color Get Less Support at Work. Here's How Managers Can Change That](#) by Zuhairah Washington and Laura Morgan Roberts
- [Facilitating Necessary Spaces Toolkit](#) by UMOJA Student Development Corporation
- [Black People are Tired](#) by Dawn Staley
- [A guide to how you can support marginalized communities](#), cnn.com

Tools to Help with Tough Conversations

- [Conversation Roadblocks and how to surmount them](#), Catalyst
- [Race and Ethnicity conversation guide](#), Living Room Conversations
- [Be brave enough to start a conversation that matters](#), Daring discussions toolkit
- [Brene Brown Rumbling with Tough Conversations](#)

Talking to Kids about Racism

- [Here's How W. Kamau Bell Talks About Race With His Kids](#) by The Tell Show
- ['Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#), Parenting Forward
- [Talking Race with young children'](#), NPR
- [Tips for talking about race with small children](#), Third Space
- [How to teach kids about taboo topics](#), TED Talk
- [31 Children's books to support conversations on race, racism and resistance](#)
- [Your Kids Aren't Too Young to Talk About Race:](#) from Pretty Good

Information on Oregon

- [The Racist History of Portland, the Whitest City in America](#), by Alana Semuels
- [Racing to Change: Oregon's Civil Rights Years](#), Museum of Natural and Cultural History on UO Campus
- [Organized Bigotry: A History of Hate Groups in Oregon](#), by Eric Ward featured by Museum of Natural and Cultural History on UO Campus
- [Perseverance: A History of African Americans in Oregon's Marion and Polk Counties](#), by Oregon Northwest Black Pioneers
- [Minorities still feel Eugene's historical link to the Ku Klux Klan](#), by Troy Shinn
- A racist history shows why Oregon is still so white by Tiffany Camhi

Organizations and Individuals to Follow

- Antiracism Center
- Audre Lorde Project
- Black Lives Matter
- Black Women's Blueprint
- Brittany Packnett
- Check Your Privilege
- Color Of Change
- Colorlines
- Dr. Candice Cole
- Emmanuel Acho
- Equal Justice Initiative (EJI)
- Equality labs
- Families Belong Together
- Ibram X Kendi
- Julie Lythcott-Haims
- MPowerChange
- Minda Harts
- Muslim Girl
- NAACP
- National Domestic Workers Alliance
- No White Saviours
- R29 Unbothered
- RAICES
- Rachel Cargle
- Rachel Ricketts
- Showing Up for Racial Justice (SURJ)
- SisterSong
- The Conscious Kid
- The Leadership Conference on Civil & Human Rights
- The Other Box
- The Players Tribune
- United We Dream

Organizations to Support

- [Black Lives Matter](#)- Founded in response to the acquittal of George Zimmerman after the death of Trayvon Martin, the organization continues to fight for justice for black people who have been victims of violence 'by the state and vigilantes'.
- [Campaign Zero](#) - National advocacy organization that uses data-based research to inform policy solutions aimed at eliminating police violence.
- [Center for Policing Equity](#) - Data driven approach to create levers for change in criminal justice, communities, and the nation.
- [Color of Change](#) - Largest online racial injustice organization.
- [Equal Justice Initiative](#) - Provides legal representation to people who have been illegally convicted, unfairly sentenced, or abused in state jails and prisons.
- [NAACP Legal Defense and Educational Fund](#) - National organization that fights to protect voting rights, reform the criminal justice system, and improve equal access to education, among other civil rights causes.
- [RISE](#) – Ross Initiative in Sports for Equality is a national nonprofit that educates and empowers the sports community to eliminate racial discrimination, champion social justice and improve race relations.
- [ROI](#) – Return on Inclusion is a sport-specific diversity and inclusion education platform dedicated to developing inclusive leaders and fostering a culture of belonging across social and cultural differences.
- [StirFry Seminars](#). Innovative tools for diversity training.
- [Khan's Academy](#) - Curated list of learning resources on the Black Experience

Additional Resources

- [100 books by black female writers](#)
- [Spotify Playlist](#)
- [App to help find Black owned businesses](#)
- [Books by black authors for teens and kids](#)
- [Additional Resource List](#)
- [Additional Resource List 2](#)
- [Petitions to Sign](#)
- [Places to Donate](#)
- [Additional Ted Talks to Educate on Race and Actions to Eliminate It](#)
- [Proctor and Gamble Resource Page](#)